



Women of the World Festival

FULL PROGRAMME
SATURDAY 13 & SUNDAY 14 OCTOBER

exeter **phoenix**

ramm
Home to a million thoughts

 **Exeter**
City Council

 **Exeter Library**

#WOWEXETER @WOW_EXETER

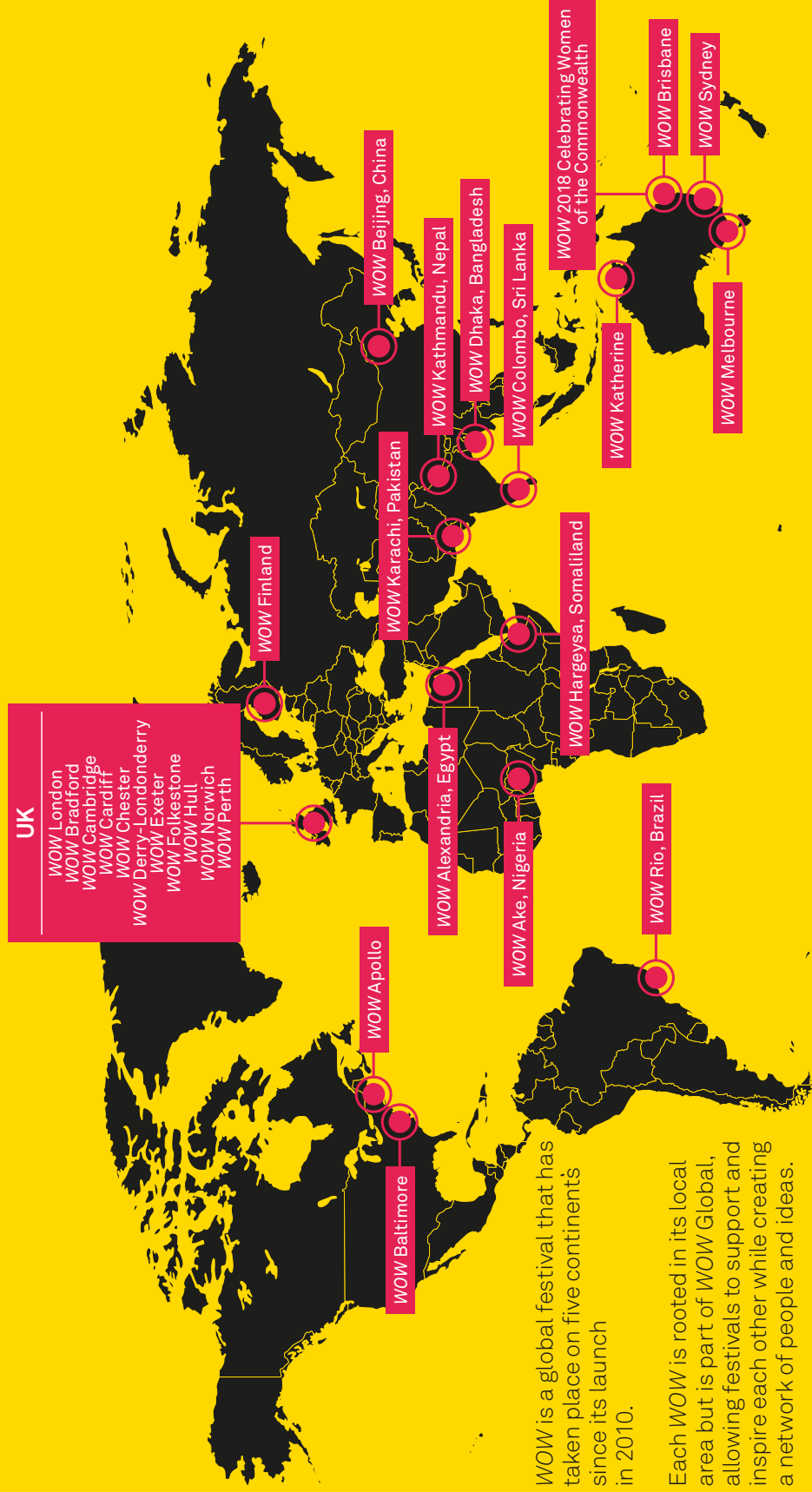
**SOUTHBANK
CENTRE**

Funded by



SPIRIT OF 2012
INVESTING IN HAPPINESS

WOW Global



WOW is a global festival that has taken place on five continents since its launch in 2010.

Each WOW is rooted in its local area but is part of WOW Global, allowing festivals to support and inspire each other while creating a network of people and ideas.



Has there ever been a more exciting time of change for girls and women? There's so much to celebrate and so much to improve and it needs everyone to be involved. I founded WOW - Women of the World Festivals in 2010 because I felt we needed a place to get together, to talk and discuss in a spirited, frank and

inclusive way all the barriers and possible solutions to achieving a gender equal world and also create an understanding of the intersections that further divide us.

We are excited to be building on nearly a decade of WOW working as a conduit for change and so after 12 incredible years as Artistic Director of the Southbank Centre I have left to establish The WOW Foundation. This will exist as an independent charity working with national and international partners to build upon and further the work that WOW festivals have begun. WOW is now in over 15 countries across 5 continents. Two million women are a part of the WOW movement, which grows daily - you can see our global map of festivals on the opposite page in this programme. Men and boys are an important part of WOW - we all benefit from a gender equal world.

WOW Exeter is a festival - not a conference or a symposium - because we want to attract and celebrate women and girls from all walks of life. Despite the gravity and seriousness of the issues that hold us back, we aim to build a place of warmth, shared respect and fun. Now in its second year, WOW Exeter has been led by Debbie Bucella and Chloe Whipple, two amazing women who have put together this programme with the voices of the people of Exeter at it's heart.

I'm looking forward to an inspiring weekend filled with celebration and debate and having conversations with lots of amazing women.

Jude Kelly CBE
Founder
WOW - Women of the World festival

*WOW Festivals are presented by arrangement with Southbank Centre

Welcome

THE WOW FOUNDATION

The WOW Foundation is currently in the process of applying for charitable status. The Foundation will grow the WOW global movement towards gender equality through festivals, leadership and education programmes, advocacy and celebration. You can find more information and sign up to hear about our festivals at thewowfoundation.com @WOWTWEETUK



As we launched WOW Exeter just one year ago, Harvey Weinstein was on the front pages worldwide, the #MeToo movement was building momentum and people everywhere were starting to shout “Time’s Up!” It was the start of a loud and challenging year for Gender Equality.

As ever we programmed this year’s festival by talking to the people of Exeter and trying to understand what they want from WOW Exeter. The conversation has definitely changed but it is no less urgent and no less necessary. We have loved every moment of the process, every new person we have met and every thought that has been shared with us. We’ve tried to include it all in here and we hope that you love it too.

**Debbie Bucella &
Chloe Whipple**

WOW Exeter Programmers

Festival information

WOW passes

Buy a WOW pass to gain access to all events marked as PART OF THE WOW PASS as you pick and mix your own timetable of talks, debates and performances, be it for one day or the whole weekend. Day and weekend holders have a choice of activities throughout the festival. If your first choice is full due to limited capacity do not worry. We encourage you to try other sessions - sometimes an unexpected second choice will be the best thing you see!

Day pass: £10 | £8

concession

Weekend pass: £16 | £12.50

concession

Free events

While you’re here, we encourage you to explore all the free events. Whether you are a ticket or pass holder or not, you can enjoy free exhibitions and pop-up performances all weekend.

How to book

Online

www.exeterphoenix.org.uk

Phone

01392 667080

In person

Exeter Phoenix
Bradninch Place
Gandy Street
Exeter, EX4 3LS

Access

All venues are accessible to people with disabilities. For building-related access queries, please email wowexeter@southbankcentre.co.uk.

BSL

A number of the sessions will be British Sign Language interpreted. Please email wowexeter@southbankcentre.co.uk if there are any sessions in particular that you would like to be BSL interpreted or if you have any other access queries.

WOW Crèche

Babes in arms are welcome to all WOW sessions. Crèche facilities will also be made available. To book your free space email wowexeter@southbankcentre.co.uk.

WOW volunteers

The WOW volunteers are on hand all weekend to welcome you to the festival, answer queries, offer help and share information about

the festival programme. Please stop when you see them and say hello!

WOWsers

The WOWsers are young Exeter volunteers aged 14-18 who are working together in the lead-up to the festival to create a piece of work to be showcased at *WOW Exeter*. The WOWsers are also speaking on various panels throughout the weekend, ensuring that the voices, opinions and interests of Exeter's young people are represented.



@WOWEXETER



/WOWEXETER



@WOWEXETER

Venue Key:

Exeter Phoenix

RAMM

Exeter Library

Friday 12 October Screening: SKATE KITCHEN (CTBA)

Dir. *Crystal Moselle*
Rachell Vinberg, Dede Lovelace, Jaden Smith
USA, 100 mins, 2018



Shy 18-year-old skateboarder Camille lives on Long Island with her mother.

On Instagram she discovers "The Skate Kitchen", an all girl skateboarding crew from New York. Quick to recruit Camille as part of their gang they start featuring her in trick videos and expose her to a wild life she's never experienced. For the first time, she feels acceptance and support from other girls. However, she soon learns the complexity of friendship when she befriends a boy from a rival group of skaters.

Writer/director *Crystal Moselle* (The Wolfpack) immersed herself in the lives of the skater girls and worked closely with them, resulting in the film's authenticity, which combines poetic, atmospheric filmmaking and hypnotic skating sequences. *Skate Kitchen* precisely captures the experience of women in male-dominated spaces and tells a story of a girl who learns the importance of camaraderie and self-discovery.

This screening will be followed by an informal panel discussion with pro surfer *Sophie Hellyer* and local female skaters.

7:00pm

Tickets £7/ £5 WOW Pass Holders

Studio 74
Exeter Phoenix

Friday 12

Saturday 13

Saturday 13 October Day Pass events include

Cello Accompanied Morning Yoga

Join Director of Flow Yoga Devon [Gillie Sutherland](#) and cellist [Jo Hooper](#) in this inclusive and accessible class for all levels. Designed to follow the natural rhythms of nature, with sequences set to music to enhance the experience, the perfect way to start off your *WOW* weekend.

9.00am – 10am

Dance Studio
Exeter Phoenix

African Dancing

Join tutor [Denise Rowe](#) as she shares with you her passion for the power of dance. Bringing her experience of Zimbabwean mbira ceremonies, West African dance and embodied movement to the room, Denise will help you start the day off feeling vibrant and fresh! Accompanied by three drummers she will weave a rich tapestry of embodiment, rhythm and thanksgiving, in gratitude for the gift of life!

9.00am - 10.00am

The Workshop
Exeter Phoenix

WOW Opening Session

Join *WOW* founder [Jude Kelly](#) as she welcomes us to *WOW Exeter* 2018.

10.30am – 11.00am

Auditorium
Exeter Phoenix

Suffrage Centenary: The Road to Gender Equality

In the year we celebrate 100 years since some women got the vote in Britain, the fight for gender equality continues. How far have we come and how far do we still have to go? What are the next big obstacles standing in the way of gender equality and how can we work to overcome them?

Hosted by [Jude Kelly](#).

11.00am – 12.00pm

Auditorium
Exeter Phoenix

WOW Bites

Come along to *WOW Bites* for short talks, performances, readings and soapbox moments delivered by all sorts of women with amazing stories. Four speakers cover a wide range of subjects from the serious to the very frivolous. Speakers include Scripts for Supper Director [Annie McKenzie](#) and NASA Scientist [Sally Bally](#).

11.00am – 12.00pm

Studio 74
Exeter Phoenix

Don't Just Stand There! Bystander Training

Have you ever heard things said which just don't "sit right" but felt unable to speak out? Be it a colleague, a stranger on a bus or even a good friend, it's difficult to know where to start when it comes to letting someone know their actions are misogynistic. Join this workshop and learn some techniques to challenge misogyny safely, gently and fairly, all in the hope that speaking up will help pave the way to equality.

11.00am – 12.00pm

Dance Studio
Exeter Phoenix

Gender and Race

What are the unique challenges facing women and girls of colour when it comes to the struggle for

gender equality? Informed by their own experiences, the panellists discuss gender, racial justice and well-being, and their own campaigns for gender equality.

Chaired by [Sandhya Dave](#).

11.00am – 12.00pm

Rougemont Room
Exeter Library

Speed Mentoring

Join experts across many fields including journalists, scientists, theatre directors, campaigners, artists, *WOW* speakers and many more. This hour-long session includes four individual 15-minute mentoring sessions to share your challenges, exchange ideas and stories and potentially identify a new mentor.

To sign up to be a 'mentee', please email wowexeter@southbankcentre.co.uk

putting 'Speed mentoring' in the subject field of the email.

11.00am – 12.00pm

Garden Meeting Room
RAMM

Teens Talk Back

Join our *WOW*sers as they discuss feminism - is it cool, do they like the word, and what do boys think? Whatever your age, this is your chance to hear from teens about their lives, thoughts and expectations - from the tough realities to straightforward optimism.

11.00am – 12.00pm

The Workshop
Exeter Phoenix

It's Time to Talk About It. PERIOD.

This year saw the first TV advert for sanitary towels where red instead of blue liquid was used to



represent menstrual blood. And it caused a stir. Why are we so “period shy”? This silence can be damaging to women and girls and can lead to problems such as undiagnosed health issues, awkwardness in teenagers around physical activity in schools and women across the globe being left without essential sanitary items. We talk to people who are taking action, shouting about menstruation and making sure EVERYONE talks about this very present issue that won’t just go away!

Speakers include co-founder of The Pink Protest [Grace Campbell](#) and [Antonia Prata](#) from Zero Waste Angola.

11.00am – 12.00pm

**Gallery 20
RAMM**

Women and the Criminal Justice System

What does a justice system that works for women look like? A new report by Birkbeck, University of London, suggests that the number of incarcerated women and girls has

doubled since 2000, making up 6.9% of the world’s prison population. However, women are far less likely than men to commit violent crimes, and far more likely to break the law to support their families. We investigate the economic and human costs of imprisoning women on a mass scale.

Chaired by [Amanda Kilroy](#), CEO of CoLabs.

11.00am – 12.00pm

**Meeting Room A
RAMM**

Women’s Rugby Taster Session

Join Women’s England Under 20s Head Coach and Director of Women’s Rugby at Exeter University, [Jo Yapp](#), for a taste of the sport. The perfect way to fight off those gender stereotypes

11.00am – 12.00pm

Rougemont Gardens

Gender for Beginners

Ever felt like you want to join in the gender conversation, or even simply listen, but just don’t have the language or

understanding to do so? Come along and hear some personal experiences that will help you get to grips with some of the basic terminology and begin to understand what it means to not fit into standard gender norms.

Speakers include editor of XXY Magazine [Tahmina Begum](#).

12.45pm – 1.45pm

**Auditorium
Exeter Phoenix**

Invisible Illness: Time to listen

Thousands of women in the UK suffer from invisible illnesses; from chronic pain to lupus to endometriosis, these can be debilitating conditions with huge consequences to a person’s life. Why is it that women who suffer from invisible illnesses are far less likely to be taken seriously than men? We hear from a panel of women about the good and bad days and how they have often had to shout to be heard.

12.45pm – 1.45pm

**Studio 74
Exeter Phoenix**

WOW Choir

If you love to sing, and maybe have never had the courage to do it in public before, cast your worries aside and join the WOW choir! There are two 'rehearsals' over the course of the weekend and a performance on Sunday afternoon. It's fun and uplifting no matter what your abilities.

Led by [Roz Walker](#).

12.45pm – 1.45pm

Dance Studio
Exeter Phoenix

Child Free?

For many women and men living child free is a choice, a choice that they often have to justify to a society that assumes the desire for children is universal. Are they not able to have children? Do they not like them? Are they too selfish? Join a couple in conversation as they explore these questions and many more whilst navigating their way through the Child-Free by choice landscape.

12.45pm – 1.45pm

The Workshop
Exeter Phoenix

Under 10's Feminist Corner

Feminism isn't just for grown-ups or teenagers. Are you a budding young feminist? Do you think girls should have the same opportunities in life as boys? If so, we've got the perfect session for you. Join other young feminists for an

interactive workshop led by [Leone Ellis](#), exploring what being a girl means, and get tips on how to start a campaign in your bedroom. This is a mixed session for all genders aged 6-10 years old. Please note: these workshops are for young people only.

To register your child for this session, please email wowexeter@southbankcentre.co.uk putting 'Under 10's Feminist Corner' in the subject field.

12.45pm - 1.45pm

Meeting Room 1
Exeter Library

Yes! Yes! Yes! A Modern Guide to Female Pleasure

Get a whistle-stop tour of female pleasure in this workshop. Covering everything from sex toys and stimulating your G spot, to why the A, C and O spots are rarely talked about, and why the clitories is undersold. Expect to leave with a new view on all things vulva, and tips to help you reach your multi-orgasmic potential.

This session is held by Brook Education and Wellbeing Specialist, [Ruby Stevenson](#).

12.45pm - 1.45pm

Gallery 20
RAMM

Stories from BAME women living in Exeter Workshop and Discussion

As the landscape of Exeter's population continues to diversify, local Black, Asian and Minority Ethnic (BAME) women share their experiences of racial and cultural othering whilst living and working in a predominantly white city. BAME women are invited to share stories in this safe space led by experienced facilitator [Sandyha Dave](#). There will also be time for discussion at the end.

12.45pm - 1.45pm

Rougemont Room
Exeter Library

Chinese Tea Ceremony

Experience the ancient tradition of the Chinese Ceremony as your host, [Yujia Xu](#), shares her culture and heritage with you.

Three sessions of half an hour will run in this time slot, each session is for a maximum of 5 guests. Arrive early to add your name to the list.

12.45pm - 3pm

Garden Meeting Room
RAMM

Female Relationships: Building the Sisterhood

Have women been encouraged to be each other's worst enemies? When the power of women's friendships is impossible to ignore we shout out for strength in numbers! Join our panel as they celebrate

friendship and explore the virtues of a united Sisterhood.

Chaired by psychologist and lecturer **Varuni Wimalasari**. Speakers include founder of Don't Buy Her Flowers **Steph Douglas**, co-directors of Flip The Bird **Lucy Hirst** and **Katherine Stevens** and **Peta Barrett** from The Circle.

12.45pm - 1.45pm

**Meeting Room A
RAMM**

The Invisible (Older Wo)Man

Where are the older women in popular culture? Why are they suddenly overlooked once they get to a certain age? What do we need to change in order to start bringing women to the forefront no matter what their age? Join a panel of women as they talk about their experiences and show us just how much society is missing out on by overlooking them.

2.00pm - 3.00pm

**Auditorium
Exeter Phoenix**

Witches and why we need them

In 1682 three women from Bideford were the last in the UK to be hanged for the crime of witchcraft. How and why were/are witches seen as evil women? Is it really only about big warty noises, high pitched cackling and hanging out with black cats? Or is there a deeper natural power lurking in those stereotypes that challenges the patriarchy like nothing else can? As women across the globe are finding their voices, are we seeing the arrival of modern day witchcraft?

Join our panel as they discuss modern witchcraft and how it might just be the magic the fight for gender equality is looking for.

2.00pm - 3.00pm

**Studio 74
Exeter Phoenix**

KHAOS: Wild Dance Workshop

A dance theatre workshop to celebrate our vibrant, powerful and wild selves. This diverse and inclusive workshop welcomes anyone identifying as female to dance, sing, shout and to find freedom in movement. No experience necessary. Suitable for ages 16-116! Unleash your wild side. Led by contemporary choreographer **Kay Crook** and theatre maker **Becca Savory Fuller**.

2.00pm - 3.00pm

**Dance Studio
Exeter Phoenix**

Bicycle Maintenance Workshop

A chance to learn the basics of bicycle maintenance; from how to set your bike up safely to how to fix a flat tyre by the roadside. Breaking down gender stereotypes one puncture at a time.

2.00pm - 3.00pm

**The Terrace
Exeter Phoenix**



Bicycle Maintenance Workshop

Behind Closed Doors: Domestic Violence

According to the *New Statesman*, two women a week in Britain die at the hands of their partners or ex partners. Join survivors and domestic abuse change-makers for a frank discussion about what the real face of 'intimate terrorism' looks like. Hosted by **Jude Kelly**.

2.00pm - 3.00pm

**Rougemont Room
Exeter Library**

Eating Disorders - Beyond the Physical

Eating disorders have the highest mortality rates amongst people with psychiatric disorders (Arcelus, Mitchel, Wales & Nelson, 2011), who are often locked into life-long battles with conditions such as anorexia and bulimia. Join our panel as they discuss how the relentless bombardment of "flawless" body images in the media have an undeniable effect on the development of our own personal body image and can undoubtedly contribute to the manifestation

of eating disorders in women and men. Speakers include **Megan Crabbe** a.k.a BodyPosiPanda and **Gill Wilson** of Eating Disorders Counselling Services Devon.

2.00pm – 3.00pm

**Gallery 20
RAMM**

Life Drawing for the Terrified - for women only

Ever wondered what it would be like to feel empowered and confident enough to bare all in front of a bunch of strangers? Now is your chance. We will be looking for a life model and a class of aspiring artists in this life drawing workshop co-led by tutor **Tania Todd** and **Alice Tatton-Brown**. This session is for women only, including transwomen, those who were assigned female at birth and all others who identify as female, genderqueer or non-binary.

2.00pm - 3.00pm

**Meeting Room A
RAMM**

How to get Elected Workshop

Make 2019 the year you stand for office! Join **The Parliament Project** for a workshop on the routes open to you, from party activism to local council and more. Arrive with an open mind and political passion and leave with a tailored political action plan.

3.15pm – 4.45pm

**Garden Meeting Room
RAMM**

Toxic Masculinity

What does 'being a man' mean and how does the male ego impact men and women alike? By addressing the notion of toxic masculinity, the panel will explore ways in which men can be helpful allies in the fight for gender equality and how tackling the toxic aspects of masculinity can benefit everyone.

3.45pm – 4.45pm

**Auditorium
Exeter Phoenix**

WOW Bites

See page 6

3.45pm – 4.45pm

**Studio 74
Exeter Phoenix**

Self-Defence Workshop

Just knowing some simple techniques can give you confidence and reduce the risk of suffering serious injuries from an attack - and it can be fun too! No prior knowledge required for this short course designed by our workshop leader **Laura Ibarra** for WOW.

3.45pm – 4.45pm

Dance Studio
Exeter Phoenix

WILD! Performance

Performers **Katie Villa** and **Laura Mugridge** present *Wild!* a performance born of their *Wild About Birth* Project. It's really hard to talk about birth without descending into enormous clichés. So we are going to do it with ferocity and comedy.

WILD is a bold new piece of theatre about how we might be using the wrong language when we talk about birth. Part riot, part disco, part rite of passage, expect comedy, music, loudness, bold talking and a glitter bomb.

3.45pm – 4.45pm

The Workshop
Exeter Phoenix

Motherhood

With every step we take towards gender equality, women's roles in society change. And with them come a whole new set of challenges to motherhood. We talk work, relationships

and expectations with a panel of very different mothers.

Speakers include Lone Parent Coach **Nina Farr** and StyleMeSunday's **Natalie Lee**.

3.45pm – 4.45pm

Rougemont Room
Exeter Library

International Activism

How can we turn local activism into global solidarity? And what can UK-based Activists learn from their international sisters? We hear from the people who are using their voices to make change on a global scale.

Speakers include The Pink Protest's **Grace Campbell** and Zero Waste Angola's **Antonia Prata**.

3.45pm – 4.45pm

Gallery 20
RAMM

Mindfulness Workshop

Everyone needs time to take a breath, re-group and find the focus for what is really important. Join **Georgia Dodsworth** and learn the principles behind mindfulness and, together, take a moment to clear our minds using practical self-care techniques.

3.45pm – 4.45pm

Meeting Room A
RAMM

Closing Session What's next?

As we wrap up the day we reflect on the past twelve months. At last year's WOW Exeter we were talking about the news just in; the Weinstein scandal was all over the papers. What are the repercussions? What are the movements? And how have the goalposts changed?

5.00pm - 6.00pm

The Auditorium
Exeter Phoenix

Screening: Skate Kitchen

See Page 5

7.00pm-9.00pm

Tickets £7/ £5 WOW wristband holders

Studio 74
Exeter Phoenix

9.30pm to Late WOW Afterparty

Join us as we party into the small hours with an all female line up of awesome DJs including **Hunna**, **Tofuti Klein** and Exeter's own **Purple Reign!**

Tickets £10/ £8 (WOW wristband holders)

Exeter Phoenix



Sunday 14 October Day Pass events include

Morning Yoga

Stretch out in preparation for the day's events.

BSL interpreted.

Led by founder and director of Far Flung Dance **Clair Beckett**.

9.00am – 10am

Dance Studio
Exeter Phoenix



Morning Meditation

A quiet space of meditation for anyone wishing to take some time before starting their day.

9.00am - 10.00am

The Workshop
Exeter Phoenix

WOW Views on the News

Dive into today's newspapers with *WOW* as the panel discusses what the headlines mean for gender equality, and talk about dealing with the press.

10.30am – 11.00am

Auditorium
Exeter Phoenix

One In Five: Women's Mental Health

A fifth of women reportedly suffer from a mental health issue, compared to one in eight men (*Mental Health Foundation*). Join us to discuss the challenges facing women's mental health and potential paths to a more equitable treatment and recovery.

Chaired by CoLab's **Fiona Carden**. Speakers include The Blurt Foundation's **Jayne Hardy** and World of Self Care's **Georgia Dodsworth**.

11.15am – 12.15pm

Auditorium
Exeter Phoenix

The Politics of Body Hair

To shave or not to shave? Is this a feminist question? Or simply a question of taste? What is it with body hair and why does it matter so much? We hear from women who are redefining age-old stereotypes about how body hair (or lack of it) is related to femininity and womanhood. Join our panellists and expect laughter, personal stories and questions of identity as they talk about their body hair quandaries.

11.15am – 12.15pm

Studio 74
Exeter Phoenix

Be Your Own Boss - Speed Mentoring

Share your challenges, exchange ideas and explore different perspectives at a *WOW* speed-mentoring session. This session is aimed at women interested in becoming, or who already are, their own bosses. You might be a freelancer looking to discuss challenges or somebody exploring making your passion a profession. Mentors in this session come from a range of fields, but all have experience

of starting their own enterprises or working for themselves.

11.15am – 12.15pm

Dance Studio
Exeter Phoenix

Childlessness: Discussion Group

Discuss how being childless through circumstance impacts women.

According to the NHS approximately 3.5 million people in the UK have difficulty conceiving, so why do damaging stereotypes like the ‘crazy cat lady’ and ‘mad spinsters’ still portray childless women as selfish and a drain on society. We look at shame, disappointment and how the social and political aspects of fertility, infertility and assisted reproduction impact personal life.

Hosted by **Kelly Da Silva**, founder to The Dovecote: Childless Support Organisation

11.15am – 12.15pm

The Workshop
Exeter Phoenix

Privilege 101

Most people have enjoyed some kind of unearned leg up in their lives, whether it’s being white, straight, non-disabled, cis-gendered or speaking the national language of the country we live in. What does it mean to have ‘privilege’, why is it so hard to acknowledge, and what responsibilities come with it?

11.15am – 12.15pm

Gallery 20
RAMM

Taking Up Space: Confidence Building Workshop

Join us for this hour long workshop that will teach you to stand tall, find your inner confidence and take up the space you deserve. Led by incoming Artistic Director of Warwick Arts Centre, **Doreen Foster**.

11.15 am – 12.15pm

Garden Meeting Room
RAMM

Women Who Care: The Unsung Heroes - Discussion Group

Whether it’s caring for a child, an elderly relative or a sick family member, the job of caring is most often shouldered by women. Join us as we talk to some of the amazing carers in our community and share your experiences and thoughts.

11.15am – 12.15pm

Meeting Room A
RAMM

How To Change A Tyre

The next stop on our “breaking gender stereotypes” tour; join us as we learn the basic tips and tricks to change a tyre. No men needed.

11.15am – 12.15pm

Car Park
Exeter Library

Goodnight Stories for Rebel Girls 2

Join our young reader as she shares her favourite stories from this wonderful book for young people.



Reading of Goodnight Stories for Rebel Girls

Suitable for children and their adults.

12.15am – 12.45pm

Children's Library
Exeter Library

How To Get Elected

See page 11

12.15pm – 1.45pm

Meeting Room A
RAMM

Power and Protest: Art, Activism and Disability

From leadership and human rights campaigning to artwork informed by the politics of disability, disabled women are at the forefront of global grassroots activism. Come hear why any campaign for gender equality must include disabled women's voices.

Speakers include [Sophie Bradbury Cox](#) aka FashionBelle.

12.45pm – 1.45pm

Auditorium
Exeter Phoenix

Universities: A Higher Education For All?

In theory we all have access to a higher education, but how are universities fairing when it comes to gender equality? Are they truly Universal or is there still a way to go? In a year where a number of Universities - including our city's own - have hit the headlines for all the wrong reasons, we look at how gender and

race are affecting people's learning and careers within academic institutions.

Chaired by Exeter University's [Kelly Preece](#).

12.45pm – 1.45pm

The Workshop
Exeter Phoenix

WOW Bites

See page 6

12.45pm – 1.45pm

Studio 74
Exeter Phoenix

Self-Defence Workshop

See page 12

12:45 - 13:45

Dance Studio
Exeter Phoenix

Under 10s Feminist Corner

See page 9

12.45pm – 1.45pm

Meeting Room 1
Exeter Central Library

Speed Mentoring

See page 7

12.45pm – 1.45pm

Rougemont Room
Exeter Central Library

Menopause Café

Join us for a chat. About the menopause. There's no speaker and no agenda, just the sharing of experiences, jokes and questions about the menopause. Open to all ages and genders to join in the conversation or just come and listen.

12.45pm – 1.45pm

Rougemont Lounge
Exeter Library

Drag Story Time

Take a seat and enjoy story time with our raucous Drag Kings and Queen.

12.45pm – 1.45pm

Children's Library
Exeter Library

Bridging The Gender Pay Gap

In 2018 large employers within the UK have had to declare their gender pay gap data. The results, unsurprisingly, demonstrated that there is still a lot to be done before men and women receive equal pay. According to research led by job site Adzuna, Exeter appears in the top 10 cities across the UK with the smallest gap. A small win which still leaves a way to go. We talk to some of the people who are working to bridge the gap and look at what needs to happen next.

Chaired by [Doreen Foster](#).

12.45pm – 1.45pm

Gallery 20
RAMM

LGBTQIA+ Discussion Group: Living in Devon

Is there a representative and supportive LGBTQIA+ community in Devon? Come and join this intergenerational panel discussion filled with personal experiences of living in Devon as a person who identifies as LGBTQIA+. Have attitudes

changed over the years and how have experiences differed?

12.45pm – 1.45pm

Garden Meeting Room
RAMM

Loving Your Body: a feminist protest?

As the Body Positive and Body Acceptance movements pick up speed we talk to some of the women at the forefront of the fight. How can accepting our own bodies help us on the road towards gender equality? Speakers include [Chidera Eggerue](#) aka @theslumflower and founder of the Warrior Woman Project [Natalie Lee](#).

2.00pm – 3.00pm

Auditorium
Exeter Phoenix

Give Me Shelter: Women and Homelessness

According to a 2017 ITV report Exeter has the second highest number of rough sleepers outside of London. With figures on the rise and more and more women suffering the pain of the cuts, we hear from women who have experienced homelessness and the charities that support both women and men to rebuild their lives.

2.00pm – 3.00pm

Studio 74
Exeter Phoenix

Women, Drumbeats and Self-Care:

A Twerkshop

Let go, connect with yourself and work that waists in this combined twerkshop and discussion. Join KelechnekoFF Fitness founder [Kelechi Okafor](#) and explore West African dance as release and self-care. All dance levels and genders welcome.

2.00pm – 3.00pm

Dance Studio
Exeter Phoenix

CupAware Party

Are you cup-curious? Interested in using a menstrual cup but aren't quite sure? Join the CupAware Party and bust period taboos together. Learn everything you need to know to get cup-confident! CupAware is a partnership between The Cup Effect and Bloody Good Period.

2.00pm – 3.00pm

The Workshop
Exeter Phoenix

Badass Women of Devon

Devon has always been full of incredible women. Come and hear about the courage, initiative, intelligence, willpower and all around badassery of some of Devon's greatest foremothers. Be prepared to be inspired.

2.00pm – 3.00pm

Rougemont Room
Exeter Library

WOW Choir Workshop

See Page 9 for details

2.00pm – 3.00pm

Garden Meeting Room
RAMM

Life Drawing for the Terrified

See page 11 for details

2.00pm – 3.00pm

Meeting Room A
RAMM

Looking to the Future: Women, The Environment and Equality

Our planet's changing climate is one of our most urgent challenges. From natural disasters to food shortages, to microplastics in our food chain things aren't looking good. At a time when our planet needs all the help it can get, we talk to a panel of women at the forefront of sustainability and environmental activism who are doing their best to save it and give us hope for the future.

Speakers include Sancho's Dress's [Kalkidan Legesse](#) and Zero Waste [Angola's Antonia Prata](#).

2.00pm – 3.00pm

Gallery 20
RAMM

Pick of the Festival

It's impossible to go to everything in WOW – so catch the highlights here. Chaired by WOW founder [Jude Kelly](#).

3.15pm – 4pm

Auditorium
Exeter Phoenix

Chidera Eggerue aka The Slumflower

@TomOldham



Throughout the weekend

WOW Marketplace

The WOW Marketplace is the heart and hub of the festival – our specially designed market is home to a range of carefully selected stalls providing information, raising awareness, showcasing work, offering workshops or selling their creations. It's a central meeting point where people can gather, find information, do some shopping, network with others, get a feel for the festival and experience a whole range of products, ideas and activities.

**Marquee
Exeter Phoenix**

Exhibition: Jessica Lennan: The Candidates

The Candidates is a series of portraits of women who stood as candidates in the 2017 Devon County Council election and the General Election for constituencies in Devon. Commissioned by Fawcett Devon, a local

branch of the Fawcett Society, the exhibition is part of a series of events celebrating 100 years since some women were granted the right to vote in General Elections in Britain. Whilst women have the right to vote, they are still significantly underrepresented in both parliament and local government. Each portrait is taken in the house of the sitter and accompanied by a personal statement, describing motivations and reasons behind each candidacy. The series celebrates the individual woman's journey and aims to encourage more women candidates from all parties in the next local and parliamentary elections.

For additional information please visit:

www.jessicalennan.co.uk

email: coordinator@fawcettdevon.org.uk

**Walkway Gallery
Exeter Phoenix**





Rebellious Sounds Archive

The Rebellious Sounds Archive is a Heritage Lottery Funded project created and undertaken by Exeter based charity Dreadnought South West. It is the first community archive collection of contemporary stories about the activism of women in the South West.

The archive tours as a mobile listening booth and is designed to look like a voting booth. This reminds users of the centenary year of the very first votes for some women in 1918, inspiring connections to the women's suffrage campaign from 100 years ago.

These oral histories present a unique picture of women creating social change in the 21st Century.

www.dreadnoughtsouthwest.org.uk

Courtyard
RAMM

Museum of London: Votes for Women Film.

A powerful, newly-commissioned film

that reflects on the contemporary relevance of the suffrage campaign. This film, on loan to RAMM, forms the heart of the Museum of London's display which is dedicated to those who campaigned tirelessly for over 50 years to achieve votes for women and features iconic objects including Emmeline Pankhurst's hunger strike medal.

Courtyard
RAMM

FUNDED BY SPIRIT OF 2012



Spirit of 2012 is a funding charity, established by the Big Lottery Fund with a £47m endowment from the National Lottery. Spirit funds projects that bring people together – to learn something new, do something different, or experience something unique – and that leave behind a social legacy of increased wellbeing

at an individual level, as well as happier and more connected communities.

Find out more via
www.spiritof2012.org.uk
[@spiritof2012](https://twitter.com/spiritof2012)

WOW SPIRIT

WOW Spirit has delivered nine WOW festivals in five cities across the UK over the last three years three years (one in 2016, three in 2017 and five in 2018). It is a Southbank Centre initiative funded by Spirit of 2012. WOW Spirit has targeted areas where a lack of cultural infrastructure and limited access to resources and restricted opportunities for female leaders are barriers to community cohesion.

Each festival has been based on ideas raised at a series of planning sessions called 'think-ins'.

Everyone can come to these to share their ideas and suggestions and make sure that WOW looks at important local issues. Building new festivals across the UK allows women, men, girls and boys (including some of the most marginalised voices in society) to get actively involved in their local communities. As programmers, volunteers and participants, they can help create a fairer, happier society.

Special Thanks to:

 Cartridges Law

 the generator
co-working hub



VENUES FOR WOW EXETER

WOW Exeter will take place in:

Exeter Library

Castle Street
Exeter
EX4 3PQ

Tel: 0845 155 1001

Exeter Phoenix

Bradninch Place
Gandy Street
Exeter
EX4 3LS

Tel: 01392 667 080

Royal Albert Memorial Museum - RAMM

Queen Street
Exeter
EX4 3RX

Tel: 01392 265 858

PUBLIC TRANSPORT

Our city centre venues are easily accessible by bus and train. All venues are a 5 minute walk from the High Street or Exeter Central Train Station.

SHOP, EAT AND DRINK

Due to our city centre locations there are a number of eateries nearby. There are also a number of choices within the WOW partner venues;

Exeter Phoenix Café Bar

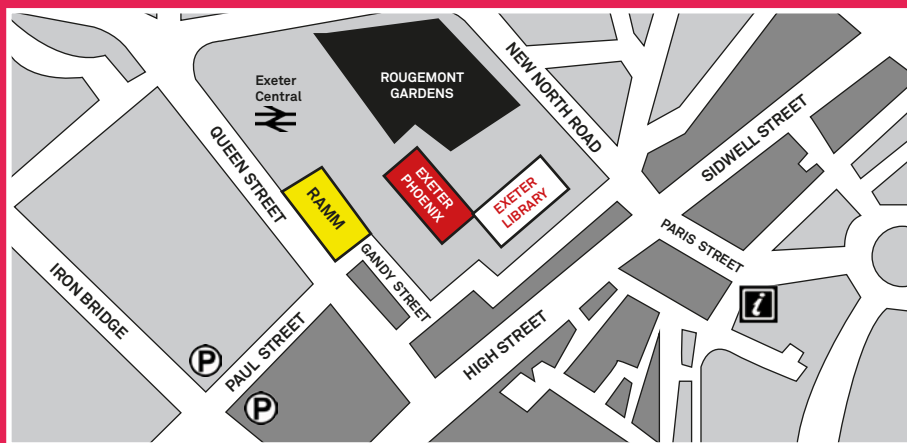
Lovingly Made / Locally Sourced – this licensed and independent café bar and outdoor terrace are open for delicious food, light snack and coffee from 10am.

the Café at RAMM

Serving Eros Fairtrade tea and coffee as well as cakes and treats from the award-winning local producers Exploding Bakery and Truly Treats. There are mini pastries, donuts and smoothies for a little treat and the kids.

Real Food Store at Exeter Library

Ethically sourced and freshly made food, using local and organic ingredients wherever possible. The menu includes artisan bread baked daily at the Exeter's Boatyard Bakery, a wide array of locally made cakes and a varied selection of hot and cold drinks.



exeter phoenix

ramm
Home to a million thoughts

Exeter
City Council

Libraries Unlimited
Exeter Library