

## **Burnt Out In Biscuit Land – Relaxed Performance Overview**

Every performance of Burnt Out In Biscuit Land will be relaxed. Here is an overview of what this means:

- We know that attention looks different for different bodies and minds.
  For some people this might involve making noises or moving around.
- You can leave and come back in at any time.
- There will be an announcement at the start of the show explaining that it is a relaxed performance.
- Venue staff and performers will confidently welcome people who move and make noise into the performance space.
- A Visual Story that uses words and pictures to explain what to expect from the show can be found on the booking page.
- Ear defenders will be available for anyone to use during the show. These will have been carefully cleaned before each use.
- There will be a chill-out area outside the main performance space which can be used at any time during the show.

If you have any questions about the show or would like to discuss your access requirements, please contact us via email at <a href="mailto:hello@southbankcentre.co.uk">hello@southbankcentre.co.uk</a>.

Or by telephone on 0203 879 9555 (Monday-Friday, 10am – 5pm; Saturday-Sunday, 12 noon – 5pm.