



## SOUTHBANK CENTRE

## **The Social Prescribing Show**

## Online programme

Start	End	Session
9.30	9.50	Welcome and Keynotes with your host, Kamal Ellis- Hyman (Founder of Aim a Little Higher)
9.50	10.05	'Dance to Health' Interactive Session with Aesop (Arts Enterprise with a Social Purpose)
10.10	10.45	'How do we build social prescribing into the heart of communities, ensuring communities are at the heart of social prescribing?' Chaired by Tom Watkins (East of England Regional Lead, NASP) & Esther Watts (South-East Regional Lead, NASP)
10.45	11.00	Break
11.00	11.45	'Funding and Investment for a sustainable social prescribing future' Chaired by Sarah Metcalfe (Managing Director of the Utley Foundation and NASP Trustee)
11.45	11.55	'Hope for the Future' Devised and delivered by Social Prescribing Student Champions
12.00	12.45	'Addressing world wide challenges: Global developments in social prescribing' Chaired by Dr Bogdan Chiva Giurca (Global Social Prescribing Alliance Development Lead) and James Sanderson (Director of Community Health and Personalised Care, and NASP Strategic Advisor)
12.45	13.30	Break

13.30	14.15	'ENO Breathe' Join the English National Opera as they discuss and lead an interactive taster session of their 'ENO Breathe' programme, a breathing and wellbeing programme for people recovering from the effects of COVID-19.
14.15	15.00	'Innovation in Social Prescribing' Panel chaired by Joshua Ryan (Head of Thriving Communities Programme, NASP), this panel will be discussing the future of Social Prescribing, what's needed to ensure that Social Prescribing continues to create momentum across the UK, and key developments across the pillars of Social Prescribing.
15.00	15.15	Break
15.15	16.00	'Living in challenging times: Is social prescribing the answer?' Chaired by Dr Radha Modgil (Broadcaster and Strategic Advisor & Ambassador at NASP)
16.00	16.15	Closing remarks

## Join in the conversation on #SocialPrescribingDay

