

SOUTHBANK CENTRE

**Unlimited
2022**

Extraordinary work by disabled artists 7 – 11 September 2022

Welcome to Unlimited festival

September sees the long-awaited return of Southbank Centre's biennial Unlimited festival, after a postponement in 2020 that led to the first entirely online Unlimited in 2021.

As ever, the festival showcases ambitious creative projects by disabled artists and companies, featuring outstanding dance, performance, comedy, music and visual art that, this year, you can enjoy in person or at home.

By using the term 'disabled artist' our festival includes work by artists who identify as being disabled, D/deaf, neurodivergent and those experiencing chronic illness, mental health conditions, and more. We understand that different people prefer different terminology, and we subscribe to the social model of disability.

The Covid-19 pandemic hit disabled artists and audiences particularly hard. With this year's festival, we applied everything we learnt during this time to ensure that as many audiences as possible can access the work, in a safe and appropriate way for them.

Enjoy a broadcast at a time that suits you best – stream an event from the comfort of your bathtub, or attend a socially distanced, masked performance. We look forward to welcoming you to Unlimited, where you can explore events for all ages and interests.

Ruth Hardie

Head of Public Programming, Southbank Centre

Supported by Unlimited

Unlimited is an arts commissioning body that supports, funds and promotes new work by disabled artists for UK and international audiences. Our mission is to commission extraordinary work from disabled artists that will change and challenge the world. Funded by Arts Council England, Creative Scotland, Arts Council of Wales, Paul Hamlyn Foundation and British Council, since 2013, Unlimited has supported over 460 artists with over £4.9 million reaching audiences of over 5 million making it the largest supporter of disabled artists world-wide.

Connect with us

weareunlimited.org.uk

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PERFORMANCE

Performance events include:

Wednesday 7 and Thursday 8 September

Saturn Returns

Saturn Returns is a choreopoem by Sonny Nwachukwu that explores the psychospiritual clashes produced in Black people by the weight of history.

Written and directed by Sonny Nwachukwu, the piece delves into an astral-projection reality in which the characters of Ada and Obi take on forms of past, present and future lives.

This event is also available to watch online.

This event is a relaxed performance with captioning and audio description.

Commissioned by Unlimited with funding from Arts Council
England

Venue: Purcell Room at Queen Elizabeth Hall

Time: 7.45pm

For ages 14+

£12

Thursday 8 September

BODIES

Created by Ray Young, **BODIES** is a sound and performance installation taking place in Leytonstone Leisure Centre's swimming pool.

The immersive sensory experience taps into our collective relationship with water, and the element's connection to climate change and social justice.

This event will be captioned and audio described.

Commissioned by Unlimited.

Venue: Leytonstone Leisure Centre (off-site)

Time: 3pm, 5pm & 7pm

For ages 18+

£15

Saturday 10 and Sunday 11 September

Leave the Light on for Me

A joyous, rebellious outdoor performance taking on climate change and justice from the perspective of artists with learning disabilities and autism.

Featuring creative audio description, sustainable design and a sophisticated soundscape, this physical theatre performance aims to make an overwhelming issue accessible and inspire everyone to do their part.

This event is a relaxed performance with British Sign Language interpretation and audio description.

Commissioned by Unlimited.

Venue: Queen Elizabeth Hall Riverside Terrace

Time: Saturday 1pm & 3pm

Sunday 12pm & 2pm

£12

MUSIC

Music events include:

Thursday 8 September

Ruth McGinley

Unafraid of straying from the classical pianist's usual path, Ruth McGinley plays Philip Glass, Eric Satie, Chick Corea and reimagined folk songs by composer Neil Martin.

McGinley is a highly sought-after collaborator who has worked with musicians from backgrounds including jazz, folk and electronic.

Commissioned by Unlimited.

Venue: Queen Elizabeth Hall

Time: 7.30pm

For ages 7+

£15

Friday 9 September

John Kelly & Friends Live

This is your chance to see John Kelly playing his own stirring, heartfelt music alongside friends and musical guests.

John Kelly is a warm, funny, passionate musician with over 30 years' live experience. He is a lover and a (non-violent) fighter for equality, inclusion and human rights.

This event is also available to watch online.

This event is a relaxed performance with British Sign Language interpretation and Speech to Text.

Commissioned by Unlimited.

Venue: Purcell Room at Queen Elizabeth Hall

Time: 7.45pm

£12

Sunday 11 September

Hero & Leander

Hero & Leander, Or, I Love You, But Everything's Under Water, by Jack Dean & Company, is an epic tale told through folk, indie and choral music and sea shanties.

Six multi-instrumentalists share a seaside story of bad rulers, worse weather, and how we keep going when everything is flipping terrible.

This event will have British Sign Language interpretation.

Commissioned by Unlimited.

Venue: Purcell Room at Queen Elizabeth Hall

Time: 2.45pm & 7.45pm

£12

FILM

Film events include:

Friday 9 – Sunday 11 September

Unlimited on Screen

Join us for a screening of films commissioned for **Unlimited**, spanning Welsh rainforests, chronic pain and endometriosis.

The films, which are also available online for the duration of the festival, are:

Emily Beaney: **Deviant**

Cheryl Beer: **CÂN Y COED: Rainforest Symphony**

Sam Metz: **Unpredictable Bodies**

Jameisha Prescod: **On Black Pain**

whatsthebigmistry: **The Empire's Old Clothes**

All films with audio are Captioned.

Commissioned by Unlimited.

Venue: Blue Room, Level 1, Royal Festival Hall

Time: Friday 10am – 6pm

Saturday & Sunday 10am – 8pm

Free

DANCE

Dance events include:

Saturday 10 September

Freestylers: Everybody with Me, Always

Come and go as you please, shout and make noise as you watch live dance performances and films from inclusive artist collective Freestylers.

In this performance, the Freestylers share some films and live dance performances with you, as well as activities in a Relaxed Environment.

This event is a relaxed performance.

Commissioned by Unlimited.

Venue: The Clore Ballroom, Level 2, Royal Festival Hall

Time: 1pm – 3pm

Suitable for all ages

Free

Saturday 10 September

Do Your Own Thing Daytime Disco

Bring your best moves to a free party with Heart n Soul's Do Your Own Thing DJs, with dancing, performances and their favourite tracks.

Do Your Own Thing is Heart n Soul's creative project for children and young people with learning disabilities, offering training in music, dance, radio DJing and digital arts.

This event is a relaxed performance.

Venue: The Clore Ballroom, Level 2, Royal Festival Hall

Time: 3.30 – 6pm

Suitable for all ages

Free

CABARET

Cabaret events include:

Friday 9 September

Touretteshero's Masked Ball

Embrace the power of masks in a playful, socially distanced celebration of mask-wearing, cabaret performance and disability culture.

This event has additional precautions in place, centering the access requirements of those at higher risk from COVID.

This event is a relaxed performance with British Sign Language interpretation, audio description and speech to text.

Venue: The Clore Ballroom, Level 2, Royal Festival Hall

Time: 7.30pm

For ages 18+

£12

Saturday 10 September

The Not Fckin' Sorry Cabaret**

Go to the edge and have your preconceptions rattled as collective Not Your Circus Dog presents an evening of shameless, sexy punk-crip cabaret.

This event is a relaxed performance with british sign language interpretation.

Venue: Queen Elizabeth Hall Foyer

Time: 8pm

For ages 18+

£15

FAMILY

Family events include:

Sunday 11 September

Super Hot Hot Dog

Have a holiday adventure to remember at a free family show in development from Corali Dance Company.

This event gives you the opportunity to see extracts from the show and to creatively share your thoughts and opinions to help the company shape the work in the future.

This event is a relaxed performance with british sign language interpretation.

Venue: The Clore Ballroom, Level 2, Royal Festival Hall

Time: 1pm

For ages 5+

Free

Sunday 11 September

The Shoes of Tanbury

See a bilingual adaptation of **The Shoes of Tanbury**, inspired by a book written by Lilac Yosiphon's grandfather, then shape it in a workshop with Lilac Yosiphon and the Unlimited theatre company.

See extracts from the show, which is performed in English and British Sign Language, and creatively share your thoughts and opinions to help the company shape the work in the future.

This event is a relaxed performance with british sign language interpretation.

Commissioned by Unlimited

Venue: The Clore Ballroom, Level 2, Royal Festival Hall

Time: 3pm

For ages 5+

Free

INSTALLATIONS

Visual arts events include:

Wednesday 7 – Sunday 11 September

Shiro Masuyama: Brexit Sausages

The trade peculiarities produced by Brexit get a grilling in this artwork.

A new installation from Shiro Masuyama deploys giant sausages in reference to the Northern Ireland Protocol, and its effect on sausage trade between Great Britain and Northern Ireland.

Commissioned by Unlimited

Venue: Blue Side Foyer, Level 2, Royal Festival Hall

Time: 10am – 8pm

Free

Wednesday 7 – Sunday 11 September

Hayley Williams-Hindle: Portrait of a Brain

This installation is a colourful, sculptural representation of a neurodiverse cognitive profile, and a chance to consider individuality of thought.

Each person's cognitive profile is unique to them, with the 20% of the population who are neurodivergent typified by a so-called 'spiky' individual profile of abilities, in comparison to the more regular distribution of cognitive skill set in others.

Commissioned by Unlimited

Venue: Central Bar, Level 2, Royal Festival Hall

Time: 10am – 8pm

Free

Wednesday 7 and Thursday 8 September

Hassun El Zafar: HEAR

Using storytelling, archives, audio recordings and sound design, this installation creates a narrative linking ecosystems' shrinking biodiversity to hearing loss.

The piece transports you to three diverse ecosystems: the mangroves of the United Arab Emirates, the tropical rainforests of Borneo and Yorkshire woodland, all of which are affected by the climate emergency and destructive human activity.

Repeated 15 minute installation with 5-minute pause in between. A written transcript of the installation audio is available on the day in the Blue Room.

Commissioned by Unlimited

Venue: Blue Room, Level 1, Royal Festival Hall

Time: 10am – 11pm

Free

Wednesday 7 & Thursday 8 September

Christopher Samuel: The Archive of an Unseen

In an interactive online narrative, artist Christopher Samuel tells of growing up in the UK in the 1980s as a disabled Black child from a working-class background.

The work was inspired by his exploration of the Wellcome Collection, the UK's largest and most influential medical and social archive, and finding that little of his story existed in there.

This event is also available to watch online.

This event includes British sign language interpretation, captioning and audio description.

Commissioned by Unlimited

Venue: Archive Studio, Level 2, Royal Festival Hall

Time: 2pm – 8pm

For ages 16+

Free

Saturday 10 September

Joseph Wilk: Wheel Trails

Calling all users of mobility wheels: take part in a digital street art project by artist Joseph Wilk.

This project is a way to digitally graffiti the world and things that tell us we do not belong. It is a response to the disability created through badly designed societies.

Commissioned by Unlimited

Venue: Green Side Foyer, Level 2, Royal Festival Hall

Time: TBC

Suitable for all ages

Free but ticketed

Saturday 10 and Sunday 11 September

Take It Back Zine Library

Between the covers of the zines in this library, discover experiences of mental health and neurodivergence created by participants of Take It Back.

Take It Back is a project that uses zine-making to 'explore experiences of madness, mental illness, neurodivergence and mental health services and how, where and why we share them'.

This event takes place in a relaxed setting.

Content warning: many of the zines contain content which might not be appropriate for younger audience members.

We strongly recommend younger people (under 16) engage with the collection with the support of an adult.

Commissioned by Unlimited

Venue: Archive Studio, Level 2, Royal Festival Hall

Time: 12pm – 6pm

Free

WORKSHOP

Workshop events include:

Sunday 11 September

Take It Back: Zine-making Workshop

Have a go at zine-making as a way to explore mental health and neurodivergence in a free drop-in workshop led by artist Lea Cooper.

This event takes place in a relaxed setting.

Commissioned by Unlimited

Venue: Archive Studio, Level 2, Royal Festival Hall

Time: 12pm – 4pm

For ages 12+. Under 16s should be accompanied by an adult.

Free

TALKS

Talks events include:

Thursday 7 September

Pitch & Mix

Get a first look at some of the most exciting projects currently in development by disabled artists from across the UK.

These projects are platformed alongside key conversations exploring some of the critical issues for our sector in 2022.

This event is relaxed, with british sign language interpretation and speech to text transcription.

Artists commissioned by Unlimited.

Venue: Queen Elizabeth Hall Foyer

**Time: 11am – 12.30pm, 12.30pm – 2pm, 2pm – 3.30pm,
3.30pm – 5pm**

Free

Saturday 10 September

Unlimited Discusses: 2012's Legacy

Inspiration or exasperation? A free live recording for the **Disability And...Podcast** considers how the cultural landscape has changed for disabled people since 2012.

This event is relaxed, with british sign language interpretation and speech to text transcription.

Venue: Queen Elizabeth Hall Foyer

Time: 12pm

Free

Saturday 10 September

Unlimited Discusses...

Artists, arts practitioners and experts in their field consider the burning questions for disability-led arts in an afternoon of discussion and debate.

This event is relaxed, with british sign language interpretation and speech to text transcription.

Venue: Queen Elizabeth Hall Foyer

Time: 2pm

Free

ONLINE

Online events include:

Wednesday 7 – Sunday 18 September

THIRST TRAP

Trade in the rubber duck for something much more interesting: a sound-led theatre experience, delivered to your home, for you to experience in your own bath.

Part narrative and part meditation on the theme of climate change, **THIRST TRAP** is a 30-minute sound piece for you to listen to in the bath, along with an experience pack of resources to change your environment.

This event can only be booked online.

For ages 18+

£12.50

Wednesday 7 – Sunday 11 September

CÂN Y COED: Rainforest Symphony

Hearing impaired environmental sound artist Cheryl Beer repurposes hearing aids and sensitive biomedical sound technology to give the rainforests of Wales a voice.

This film can be experienced with BSL interpretation, Welsh dubbing, subtitles, and experiences of sound as colour and as movement.

In person, there is an option to experience the symphony through vibration. This is available in the Blue Room, Level 1, Royal Festival Hall.

Commissioned by Unlimited.

Free

Wednesday 7 – Sunday 11 September

Jameisha Prescod: On Black Pain

Jameisha Prescod's poetic essay film tells intimate stories of three Black people living with chronic pain, while reflecting on the colonial past of modern medicine.

It features dreamy visuals and phone interviews, with the intention of archiving Black experiences surrounding illness, disability and identity.

Content warning: Contains language which some might find offensive.

This film includes captioning and audio description.

Commissioned by Unlimited.

Free

Wednesday 7 – Sunday 11 September

Sam Metz: Unpredictable Bodies

Sam Metz's animated film explores the repetitive movements of neurodivergence, depicting stimming and tics through gestural line forms and dancing, unpredictable bodies.

This film includes captioning and audio description.

Commissioned by Unlimited.

Free

Content warning: Contains some flickering imagery that may have a strobe-like effect if viewed in a dark room.

Wednesday 7 – Sunday 11 September

Emily Beaney: Deviant

Watch an experimental moving-image work by Emily Beaney that seeks to represent lived experiences of endometriosis.

Addressing health inequalities and ‘diagnostic imperialism’, which exerts power over who has access to support and who does not, the project examines the label of ‘deviance’ when applied to women’s bodies, using endometriosis as a potent example of pain being sidelined as deviance.

This film includes captioning.

Commissioned by Unlimited.

CONTENT WARNING

Contains language which some viewers might find offensive.

Free

Wednesday 7 – Sunday 11 September

whatsthebigmistry: The Empire's Old Clothes

Unpack the myths and propaganda around the British Empire with a short film by artist whatsthebigmistry.

The Empire's Old Clothes draws on influences, aesthetics and politics from Indian and Afrofuturism, queer culture, and experiences of ableism and racism in post-Empire Brexit Britain.

This film includes captioning and audio description.

Commissioned by Unlimited.

Free

Monday 12 – Sunday 18 September

Saturn Returns: Online

Saturn Returns is a choreopoem by Sonny Nwachukwu that explores the psychospiritual clashes produced in Black people by the weight of history.

Written and directed by Sonny Nwachukwu, the piece delves into an astral-projection reality in which the characters of Ada and Obi take on forms of past, present and future lives.

Commissioned by Unlimited with funding from Arts Council England.

This event includes captioning and audio description.

Time: From 10am on Monday 12 September

For ages 14+

£5

Monday 12 – Sunday 18 September

Hero & Leander: Online

Hero & Leander, Or, I Love You, But Everything's Under Water, by Jack Dean & Company, is an epic tale told through folk, indie, sea shanties and choral music.

Six multi-instrumentalists tell an epic seaside tale of bad rulers, worse weather, and how we keep going when everything is flipping terrible.

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Time: From 10am on Monday 12 September

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This event is captioned and british sign language interpreted.

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Time: From 10am on Monday 12 September

£5

SITE ACCESS

- Level access is available to all of our venues.
- Accessible toilets are available across the site, including high-dependency facilities.
- A Changing Places Toilet is located on Level 1, Royal Festival Hall, for the exclusive use of people who need personal assistance to use the toilet. Ask at the Welcome Desk for access.
- Our Welcome Desk on Level 2, Royal Festival Hall, distributes both programmes and access information. You can also buy tickets here.
- Assistance dogs are welcome.
- Sound enhancement systems are available in all venues. Please ask at the Welcome Desk on Level 2, Royal Festival Hall, or the Ticket Desk, Queen Elizabeth Hall for details and equipment.
- Tube: Waterloo and Embankment

- Buses: Waterloo Bridge, York Road, Belvedere Road and Stamford Street
Rail: Waterloo, Waterloo East and Charing Cross
- There are four visitor Blue Badge parking spaces available on a first-come, first-served basis, alongside a drop-off point. They are located on the Queen Elizabeth Hall slip road (the road between Royal Festival Hall and Hayward Gallery), off Belvedere Road.
- A public rest space will be available for the duration of the festival in the Exhibition Space, Level 1, Royal Festival Hall.

Other available services:

- Multi-faith prayer room
- Quiet room
- Wheelchair loan (booked in advance)
- Early entry to auditorium for visitors who need extra time
- Friendly, helpful Visitor Assistants
- Access map and signage

To find out more and see the access map in advance of your trip, visit our Facilities & Access page online at **southbankcentre.co.uk/visit/facilities-access**

All listings and venue information are correct at time of recording.

How to Book

Online

southbankcentre.co.uk

Email

hello@southbankcentre.co.uk

By phone

020 3879 9555 Mon – Fri 10am – 5pm, and 12pm – 5pm at weekends

In person

Tickets can be bought in person from the Welcome Desk, Mon–Tues 10am – 6pm; Weds – Sun 10am –10pm

Booking fees apply online (£3.50) and over the phone (£4). There are no booking fees for Southbank Centre Members and Supporters Circles.

Access Scheme

Visitors with access needs are encouraged to join Southbank Centre’s free Access Scheme. Through this scheme, concessionary tickets are available to those with specific seating requirements and free tickets are available to carers. You will also receive information on upcoming assisted events at Southbank Centre.

To join the scheme or discuss accessibility, email accesslist@southbankcentre.co.uk or call our Ticket Office on 020 3879 9555.

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