

# SOUTHBANK CENTRE

## Creative Health Conference

Mon 10 June 2019

Creativity can change people's lives for the better – explore how at this launch event for Creativity and Wellbeing Week 2019.

Southbank Centre is presenting this event in association with the All-Party Parliamentary Group on Arts, Health and Wellbeing, London Arts in Health Forum, Arts Council England, and the Centre for Performance Science (Royal College of Music and Imperial College London)

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### Introduction

Queen Elizabeth Hall: auditoria  
1.15pm – 2pm

Elaine Bedell, Chief Executive, Southbank Centre

*Master of Ceremonies:*

Mark De-Lisser, Choral Director, Arranger & Vocal Coach

### Keynotes

Sebastian Crutch, Professor of Neuropsychology,  
Dementia Research Centre, UCL

The Rt Hon. the Lord Howarth of Newport CBE,  
Co-chair of the All Party Parliamentary Group on Arts,  
Health and Wellbeing

Gillian Moore CBE, Director of Music, Southbank Centre

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### Panel: What does innovation look like?

Queen Elizabeth Hall: auditoria  
2pm – 2.55pm

**Chair:**

Darren Henley, Chief Executive, Arts Council England

*Panellists:*

Emma Savage, Associate Director Self Care,  
Prevention and Diabetes, Gloucestershire Clinical  
Commissioning Group

James Sanderson, Director of Personalised Care,  
NHS England

David Slater, Artistic Director of Entelechy Arts

Gwen Sewell, member of Entelechy Arts Elders  
performing company

Rosaline Muirhead, member of Entelechy Arts Elders  
performing company

Dr Suzy Willson, Artistic Director of Clod Ensemble and  
Director of Performing Medicine

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### Performance workshop: RPO/Strokestra

Queen Elizabeth Hall: auditoria  
2.55pm – 3.15pm

An interactive introduction to the evidence, impact and techniques of STROKESTRA®, a group creative music-making intervention for stroke survivors and carers in Hull.

Royal Philharmonic Orchestra (RPO) & City Health Care Partnership (CHCP);

Lisa Rodio, Community & Education Project Manager,  
Royal Philharmonic Orchestra

Tim Steiner, Workshop Leader, Royal Philharmonic Orchestra

Fraser Gordon (Bassoon), Royal Philharmonic Orchestra

Clare Nicholson, Advanced Occupational Therapist,  
City Health Care Partnership

3.15pm

**Keynote**

Simon Stevens, Chief Executive, NHS England

3.30pm

**Keynote**

The Rt Hon. Matt Hancock MP, Secretary of State for  
Health and Social Care (video)

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### Panel: How do we address social isolation and loneliness through art?

3.45pm – 4.35pm

Queen Elizabeth Hall: auditoria

**Chair:**

Gillian Moore CBE, Director of Music, Southbank Centre

**Panellists:**

Dr Rosie Perkins, Reader in Performance Science,  
Royal College of Music, Honorary Research Fellow,  
Imperial College London - Melodies for Mums

Dr Ula Tymoszuk, Research Associate at the Centre for  
Performance Science

Ruth Hollis, Policy and Impact Director, Spirit of 2012

Matthew Swann, Chief Executive, City of London Sinfonia  
- Bingo to Bartok

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## Refreshments

4.35pm – 4.45pm

*Refreshments will be served in the Queen Elizabeth Hall Foyer and also back of house for breakout sessions taking place there (see overleaf)*

## Breakout sessions (various spaces)

Visitor Experience Hosts will direct you to the location of your breakout session.

4.45pm – 5.35pm

Please ensure you have signed up to a breakout session **before** the Conference begins - you will receive a wristband for your chosen session. Certain breakout sessions have limited capacity so bookings will be on a first come, first served basis.

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## Session A: Circle of care: appreciation of the person

Artists' Lounge, Level 1, Queen Elizabeth Hall

Lead by:

Dr Suzy Willson, Artistic Director of Clod Ensemble and Director of Performing Medicine

*Strictly limited capacity*

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## Session B: The role of funding

Susan Gilchrist Artists' Bar, Level 1, Queen Elizabeth Hall

Chair:

David Cutler, Director, Baring Foundation

Tim Joss, Chief Executive & Founder of Aesop

*Limited capacity*

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## Session C: Is the future of social prescribing?

Queen Elizabeth Hall: auditoria

Chair:

John McMahon, Senior Manager, Policy & Research, Arts Council England

Panellists:

Laura Westwick, Macmillan Social Prescribing Manager at The Bromley By Bow Centre

Gavin Clayton, Chief Executive, Hoot Creative Arts

Bev Taylor, Senior Manager Personalised Care, NHS England

Christiana Melam, CEO, National Association of Link Workers

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## Session D: The Power of Creativity

Concrete Cafe, Queen Elizabeth Hall

Chair:

Nick Makoha, poet and playwright

Panellists:

Stella Howard, Dance Practitioner for Learning and Participation (Dance) at Trinity Laban

Lucy Wells, Education Manager - Communities, Southbank Centre

*Limited capacity*

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## Session E: Art in the Medical Environment

Queen Elizabeth Hall Foyer

Panellists:

Vivienne Reiss, Head of Arts, Great Ormond Street Hospital

Amish Karia, Head of Collection, Loans & Programming, Paintings in Hospitals

*Limited capacity*

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## Session F: City of London Sinfonia, Music and Mindfulness

Green Room, Level 1, Queen Elizabeth Hall

A mindfulness session led by musicians from City of London Sinfonia

*Limited capacity*

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## Performance

5.40pm – 5.55pm

(B)old Moves: Dance For Dementia & (B)old Words: Poetry For Dementia - projects devised and delivered by Southbank Centre's Creative Learning Team.

Poet Antosh Wojcik in conversation with Southbank Centre's (B)old Words: Poetry for Dementia participants Larry and Elena. They are joined by Gabriela Garbutt from Age UK Camden.

Antosh will also be performing a short extract from his show How to Keep Time which explores the effects of dementia on speech, memory and family through the moving story of his Polish grandfather. Poems become beats become glitches in a mesmeric display of live drumming and spoken word.

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## Closing thanks

5.55pm – 6pm

Mark De-Lisser, Choral Director, Arranger & Vocal Coach  
Elaine Bedell, Chief Executive, Southbank Centre

Please note that the programme is correct at the time of printing - changes may take place following publication.