

A visual resource for children and adults with Autistic Spectrum Disorder

This resource is intended to help prepare any visitors for a new experience and to help them to become familiar with the show, surroundings and situation.

The show

The show lasts for around 50 minutes, with no interval. It is a music show, featuring 5 musicians - Rosie A who sings and plays the ukulele, Rosanna who plays the flute, Ben who plays guitar, Raph who plays the trombone, and Rosie B who plays the cajon, percussion and handpan.

The stage will have lots of instruments in cases, stools, chairs, baskets and even a plant!



When it starts

The stage will be quite dark at the beginning.

Rosie A comes onto the stage on her own and plays a handchime, which is like a bell, before starting to sing 'This is is what it sounds like'.



The rest of the team

Rosie is joined on stage by all the other musicians - Raph, Ben, Rosanna and Rosie, who join in the singing. Then they start clapping, and then stamping... and then drumming! We like everyone in the audience to join in with us!



Joining in

Throughout the show, we'll be doing sounds and movements that we'd love you to join in with, as well as coming up with your own ideas.



The cajon

The cajon is the first instrument you will hear. This is Rosie B.



Unpacking the instruments

In the next song we will start discovering some of the instruments in the show. First of all you'll hear Ben and his guitar. Rosie A will be singing throughout the show, and sometimes playing her ukulele.



Unpacking the instruments

Then you'll hear Raph playing the trombone, Rosanna playing the flute, and Rosie B playing the cajon.



Let's Jam!

We'd love you to jam with us and will ask you if you can make a sound to join in the band.

We'll all join in the band, and sing 'Let's Jam!'



Happy happy happy

The next song is about what makes us feel happy. We'd like to find out what makes you feel happy. We can all do the makaton signs for 'happy' which Rosanna will lead.



Bang my drum

In this song, you'll meet an elephant, a little mouse, a cheetah and a tortoise. When we play our drum, in different ways, we can feel like all of these animals!



Little Bird

In little bird, you will hear about a little bird, butterfly and bee flying high and low, and side to side...

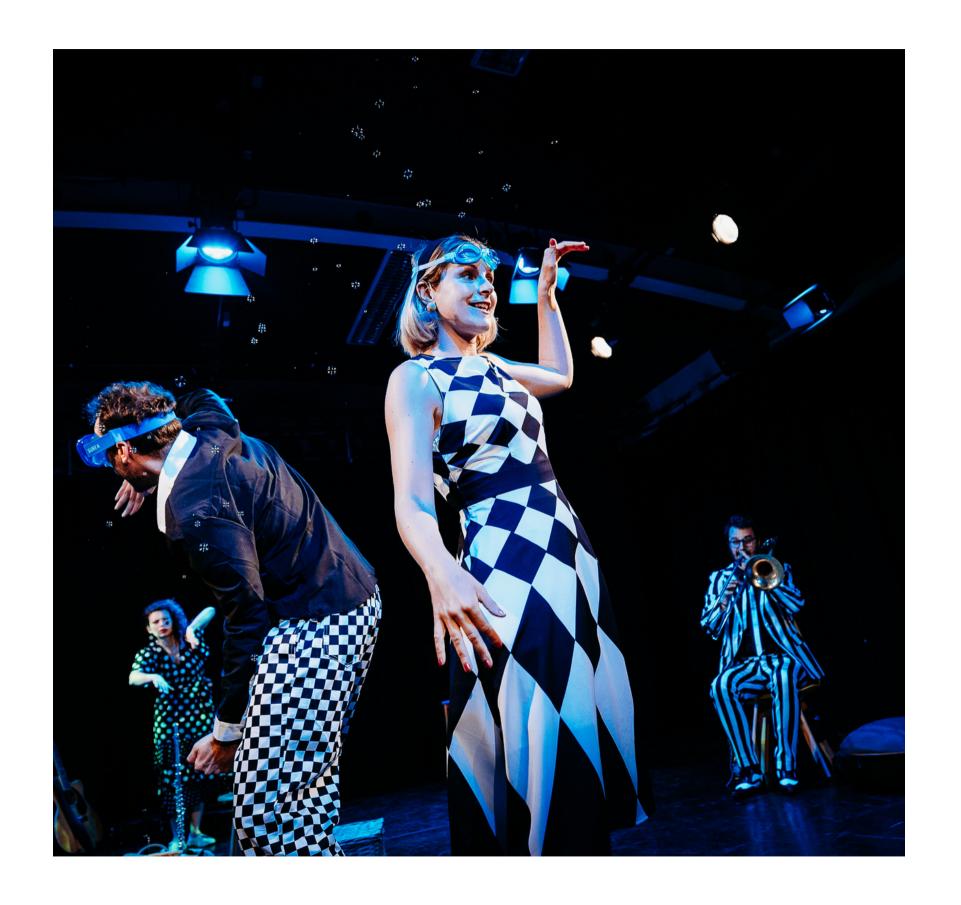
You'll also see some beautiful puppets!



Octavia the octopus

In the next song we'll be going underwater to meet Octavia who's an octopus that has 8 tickly tentacles.

There will be bubbles and we'll be wearing goggles as if we're in the deep sea!



Cheeky monkey!

Next you'll hear all about a very cheeky monkey called George!

We'll be doing some singing all together in this song.



Thunderstorm!

In the next song there's a thunderstrom which we're going to make the sounds of with our hands and bodies.

The musicians will then sing about the dark clouds without any instruments, and then Rosie comes onto the stage wearing a raincoat and with a big umbrella!

Then we'll sing Let's go out which is a jazzy song about going out in the rain and making a big SPLASH!



Flamingo flamenco

The next song is all about flamingos! We try a clapping rhythm and see if you can all join in.
We try and play our instruments

standing on one leg!
Can you stand on one leg too?



Animal Tea Party

In the tea party, we get some balloons and confetti, and ribbons, and invite all the animals to the party that we've already met! We'll see Octavia, George the cheeky money, and the pink flamingo standing on one leg.

Then I ask you to make the sound of your favourite animal to join in the party.



The End

Thank you for coming to our show!



Dance party!

We'll end with some dance music and try out some of the fab dance moves that we can see you all doing!

There may be balloons, balls and ribbons on the stage and our with you in the audience.

Goodbye!

