

ARTSDROP #2

GUEST ARTIST: **Bernadette Russell**

TITLE: Journey to a Town Called Hope



Bernadette is an author and storyteller. She's been focusing on how finding our hopes and acting on them can make us happier. It can also empower us to make positive and creative changes in our lives, in our communities and in the world. She's inspired by the words of poet Ben Okri: 'stories can conquer fear... they can make the heart bigger'

I absolutely love drawing, and never worry about my sketches being perfect - I'd highly recommend just giving it a go - have fun and enjoy yourself!

Learning links

National Curriculum themes explored in these activities:



Producing creative work, exploring and recording experiences



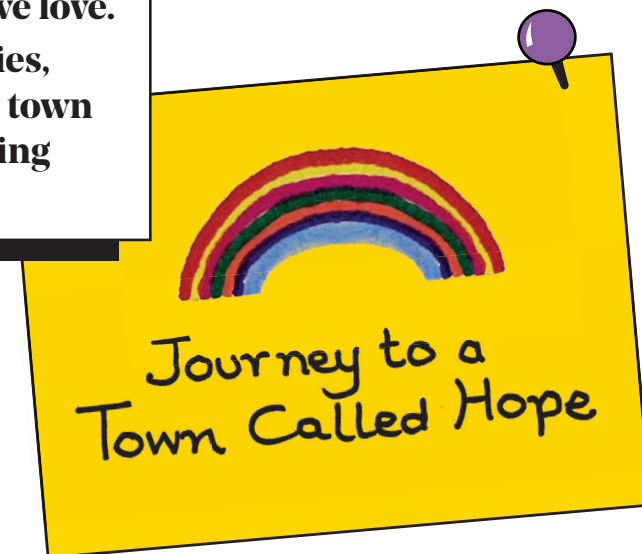
Writing for different purposes

This material was originally created for Art by Post,
adapted by Sarah Lewis

English

Art and Design

Come with us as we travel to a future made of our collective hopes, dreams and things we love. On the way, we'll share stories, write letters, and imagine a town called Hope, where everything and anything is possible.



1) Everything I Love

This year, many of us have been reminded of the beautiful and simple things in life – going for walks outdoors, chatting with family and friends, baking, bike rides and going to the park.

Think about some of the things you love to do, big and small. Draw or write them inside the heart (you'll see I've written my ideas around it, to share with you what I love.) This can be a useful reminder that even as things change, we should make time for the things we love.

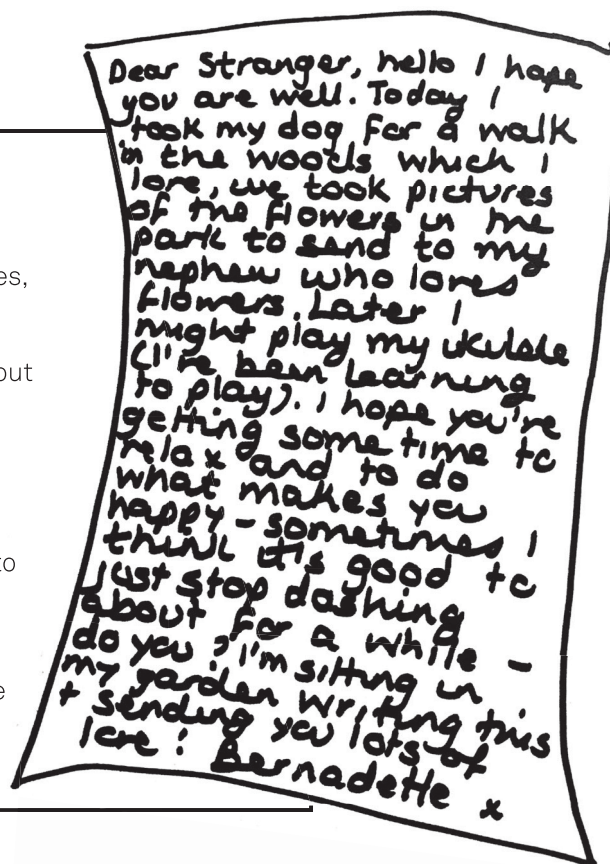


2 The Story of Me

Write a letter to an imaginary pen pal, telling them your life story (or you can draw it if you like). You could include hobbies, achievements, favourite clothes, music or food, and your first happy memory. You might mention the places you've travelled to or lived in, or talk about the people who are special to you.

Try drawing a self-portrait to illustrate your story.

Now, imagine that the person you are writing to needs your advice as to how to keep hopeful even during tricky times. What would you advise them, as their friend? Let them know what you find hopeful and are enjoying about your life right now.



3 A Town Called Hope

Find some paper to draw your own town called Hope. Inside it, we'd like you to write or draw your ideas for a brilliant future world, ten or a hundred years from now. Don't worry about what's possible – let your imagination run wild!

Ask yourself: how do people travel about? Where is food grown? Where do people work, play, eat, rest and live? Who's in charge? You might imagine travelling by zip wire or planting vertical farms on skyscrapers. You might envisage libraries, bingo halls, swimming pools, skateboard parks, arcades or a gigantic waterslide. All your beautiful and unusual ideas!



a forest canopy with free solar powered cable cars

4 Getting There

The ancient philosopher Lao Tzu wrote, 'a journey of a thousand miles begins with a single step'. What might that first step towards a better future be for you?

I'd like cities to be greener, so my footstep is to plant a small tree in my garden. What might be a small step you could take in the direction of the future you'd like to see? Think of something you'd enjoy: something easy, simple, and doable for you. Write or draw your idea inside the boot:



Thank you for taking part. You might want to share your work with your school, friends and family, or even our team at Southbank Centre on social media:
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